Oral Fluid Update

The U.S. Department of Transportation (DOT) approved the use of oral fluids effective June 1st. However; before an employer can start to utilize oral fluid for testing, the US Department of Health and Human Services (HHS)/DOT must certify at least two laboratories for oral fluid testing. As of today, the DOT has still not approved the use of any laboratory for Oral fluid testing. The means testing for oral fluids; although DOT-approved, is still unable to be completed.

DISA is closely monitoring all updates coming from the Office of Drug & Alcohol Policy & Compliance (ODAPC) and will keep the consortium updated on all news concerning the approval of the laboratories.
Dear Valued DISA Client,

DISA continually strives to optimize and enhance your customer service experience. We are excited to announce our expanded DISA360 Premier Service Team. We have added three additional trained representatives to join the team and; therefore, can provide extended availability.

Candice Rouisse will remain your Client Account Representative. The only change is instead of utilizing DTCCAR@disa.com, she as well as the team is available at D360Premier@disa.com.

Key Points

- **Single point of contact**
  - Email: D360Premier@disa.com (*This is replacing DTCCAR@disa.com*)
  - Phone: 833-DISA-014
- **Extended hours of operation**: 8AM – 8PM ET
- **Premier and Priority** Customer Service

We truly appreciate your loyalty & business, and look forward to assisting you. Thank you for choosing DISA.

David Alexander  
Director, Client Services  
DISA Global Solutions, Inc.
Consortium Training  
Presented by: DISA’s partner, Current Consulting Group  
MONDAY, OCTOBER 23, 2023  
Location: Connecticut DOT Bureau of Public Transportation  
2800 Berlin Turnpike  
Conference Room A & B  
Newington, CT 06131-7546

DER Training  
8:30AM – 11:00AM  
Who Should Attend?  
Designated Employer Representatives (DERs)/Drug and Alcohol Program Managers (DAPMs).

The DOT Designated Employer Representative (DER) Drug and Alcohol Awareness Training will:  
- Cover the basics of a DOT-mandated substance abuse program.  
- Provide an in-depth review of all components of a testing program.  
- Review all reasons for testing.  
- Explain the laboratory drug testing process and the responsibilities of the Medical Review Officer (MRO).  
- Provide DERs with helpful suggestions for organizing and storing documents in preparation for a federal or state audit.  
- Answer some of the most frequently asked questions.

Post-Accident Training  
11:15AM – 12:30PM  
Who Should Attend?  
DERs, Transit Supervisor, and Transit Officials.

The DOT FTA Post Accident Training will:  
- Cover DOT Post-Accident Regulation Review.  
- Post-Accident Testing Thresholds.  
- Documentation of the Decision to Test/Not to Test.  
- Review of Best Practices when it comes to Post-Accident Testing.  
- Documentation of Testing Delays and Third-Party Contacts & Resources.

Reasonable Suspicion Training  
1:30PM – 4:00PM  
Who Should Attend?  
DERs, DAPMs, Transit Supervisors and Transit Officials who are authorized to determine when it is appropriate to administer Reasonable Suspicion testing.

The DOT Reasonable Suspicion Training will:  
- Cover Drug Abuse and Alcohol Misuse Impact on Society and Industry.  
- Drugs of Abuse and Alcohol Misuse and the effects.  
- Policy and Procedural Review.  
- Profile of the At-Risk Employee Confronting and Referring an Employee.  

RSVP to Nhan Vo-Le, Drug and Alcohol Program Coordinator, at nhvole@ghtd.org. Registration will open until 10/18/23
The 4th quarter random selections were generated and sent out on September 25th, 2023 in preparation for the October 1st begin date. You cannot begin testing on these selections until October 1st, 2023 or after. The last day to complete the selections is December 31st, 2023. Please reach out to the scheduling team to schedule your onsite testing events at scheduling@disa.com. It is important to note that testing is required to spread out throughout the quarter as well as around holidays that you are in service for. If you have any questions about your random selections or your testing schedule, please contact, Candice Rouisse at D360Premier@disa.com or 800-211-4469 Extension 6021.


Check the above link for this FTA Issue 78 that includes the following updates:

- DOT Publishes Final Rule
- Conference Success in San Diego!
- Contractor and Subrecipient Compliance
- FTA Post-Accident Tests When a Medical Emergency or Slip and Fall Occurs
- An Employee Who States They Cannot Provide a Sufficient Specimen Must Still Follow Shy Bladder Process
- Service Agents Must Not Act as Intermediaries in the Transmission of Alcohol Test Results of 0.02 or Higher
- Contractors File Their Own MIS Reports

- No Direct Observation, but Initial Test is Positive
- What Do I Do if My Covered Employee has a DUI on Private Time?
- Records Maintained by a TPA Must be Accessible for Minimum Retention Periods
- Preparing Records for an Upcoming Audit
- MIS CDL/Non-Revenue Vehicle Category is Not for Supervisors with CDLs
- Random Selections Must be Provided Timely to Ensure Testing at the Beginning of the Testing Period
- Collection Services Must Be Available During All Hours When Safety-Sensitive Functions Are Performed
- Understanding "Shy Lung" Cases
- SAPs Not Allowed for Non-DOT Violations.
Drug and Alcohol Testing Program Third
DISA Global Solutions, Inc.
COMPANY CONTACTS

Mobile Operations
Scheduling Department
Jason Allen – Main Telephone #800-211-4469 Extension 6051. Email: Jason.Allen@disa.com
Taylor Leblanc - Main Telephone #800-211-4469 Extension 6041. Email: Scheduling@disa.com

Collectors
Nathan Rice
William Mauhs
Noelle Iglesias
Christopher Fitzpatrick

Senior Client Account Representative/Program Administrator
Candice Rouisse - Telephone #800-211-4469 Extension 6021
DISA360 Premier Service Team - Telephone #833-DISA-014
Email: D360Premier@disa.com
Fax: 413-283-6945 or 413-284-0022

Accounting
Auberey Ramon - Main Telephone #800-211-4469. Email: Auberey.Ramon@disa.com

Area Leader
Candice Sanchez - Main Telephone #817-332-0044 Extension 3582. Email: Candice.sanchez@disa.com

24-Hour Drug & Alcohol Testing On-Site
Post-Accident
Reasonable Suspicion
1-800-967-3135 Toll-Free Emergency Line
Be prepared to provide the following information:
   Your Name & Agency Name
   Phone Number
   Location of Incident
   Reason for Call (Post-Accident or Reasonable Suspicion)

Medical Review Officer (MRO) Department
University Services
Richard Weinstein, MD
2800 Black Lake Place,
Suite A
Philadelphia, PA 19154
Phone: 800-624-3784
Fax: 215-637-6998
Enhance Awareness of the Employee Assistance Program (EAP)

Note: This letter from The Lexington Group should be made available to safety-sensitive employees and posted in the break room

The Lexington Group

Your Employee Assistance Program
A Woman Owned Enterprise Since 2000

Dear CT Drug Consortium Employees and Family Members:

The Lexington Group Employee Assistance Program (EAP) provides CONFIDENTIAL face-to-face and virtual counseling services to assist employees in identifying and resolving personal problems. Examples include marriage and family issues, job stress, alcohol and drug abuse, depression and other emotional concerns. The Lexington Group services also include referral resources for legal, financial, eldercare, and childcare through the Life Care program.

Because employee lives may be affected by problems with a spouse or other family members, this program is extended to household family members as well. You or your household family members may contact your EAP directly at any time. No matter what your situation, any assistance you seek through the EAP is held in the strictest confidence. Involvement will not jeopardize your job security, future promotional opportunities or reputation.

For confidential and immediate access, you may call The Lexington Group 24/7 at:

1-800-676-HELP (4357)

You may also request services or read more about the program online at:

www.The-Lexington-Group.com

Your unique employee password is “CTDrugConsort”

We hope you will share our enthusiasm for The Lexington Group, Employee Assistance Program, and the opportunity it presents to help you and your family.

Sincerely,
The Lexington Group
Employee Assistance Program
1-800-676-HELP (4357)
Request clinical services online directly from the web site at:
www.The-Lexington-Group.com
To log on, your customer name is “CT Drug Consortium”
And your unique employee password is “CTDrugConsort”

Are you aware of the availability of program forms and resource documents on
GHTD’s website? Go to:
https://www.hartfordtransit.org/about/drug-alcohol-testing-consortium/

Also, checkout the following materials:
What Employers Need to Know About DOT Drug and Alcohol Testing
What Employees Need to Know About DOT Drug and Alcohol Testing
Resources for The Designated Employer Representative (DER)
Lexington Newsletters
FTA Regulation Update Issues

The following FTA website provides a wealth of information such as trainings,
newsletters, etc. on the Drug and Alcohol Testing Program that you might find very
helpful:
www.fta.dot.gov/12533.html
You may also find Title 49 Parts 40 and 655 (FTA regulations on the drug and alcohol
testing program) by using the Search engine.