CT Statewide Drug and Alcohol Testing Consortium Newsletter

December 2019

Holiday Draw

This year's Holiday Draw is currently taking place until January 3rd, 2020. The focus of the Holiday Draw is to make safety-sensitive employees aware that they can be tested at any time during the Holidays.

Tests should be conducted on or near the upcoming holidays including weekends. In addition, they can be scheduled on-site via DISA mobile unit or utilizing a collection site. Should DERs decide to schedule an on-site test on Christmas Day or New Year's Day, make sure you give DISA at least five-days advance notice. This will allow them to better accommodate your scheduling request.

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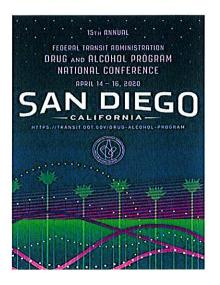
Test Result Reporting

In case you have to wait longer than usual for test result reporting, contact DISA for **expediting result**:

Vicky McLeish, Account Support, 800-211-4469 X1032
Email: vmcleish@occupationaldrugtesting.com or
Lisa Murray, General Manager, Main #800-608-8890 X402, Mobile #413-896-2894
Email: lisa@transadvisor.com

2020 FTA Drug and Alcohol Program National Conference





Save the date for the 15th Annual **FTA Drug and Alcohol Program** National Conference, April 14-16, 2020 in San Diego, CA.

Attendees can choose from a variety of sessions to customize their experience for the specific needs of their employer and their knowledge level of 49 C.F.R. Part 655 and 49 C.F.R. Part 40 regulations.

Sessions will include training for beginner and advanced drug and alcohol program managers,

running a compliant drug and alcohol program, and an update from the FTA Office of Drug and Alcohol Policy and Compliance. Additionally, there will be networking opportunities, access to FTA and other Federal drug and alcohol compliance experts and FTA drug and alcohol program compliance auditors, and much more. Register for this free conference beginning in February 2020.



2019 MIS Reporting

Federal regulations require recipients of specific FTA funds establish and implement an anti-drug and alcohol misuse testing program.
Recipients are required to annually prepare and maintain a summary of these results during the previous calendar year. This report shall be submitted to FTA's Office of Transit Safety and Oversight or its designated agent.

Each recipient shall be responsible for ensuring the accuracy and timeliness of each report prepared by DISA and submitted by the Consortium Coordinator acting on the recipient's behalf. The due date for returning your completed 2019 MIS report to DISA will be in early February 2020. More information on the MIS reporting will be coming out in early January 2020.

Drug and Alcohol Testing Program Third Party Administrator DISA Global Solutions, Inc.

Company Contacts:

Mobile Operations

Scheduling Department

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Accounting

Jennifer Rindo 800-211-4469 ext. 1061 or irindo@occupationaldrugtesting.com

General Manager

Lisa Murray 800-608-8890 X402 or Mobile #413-896-2894, email: lisa@transadvisor.com.

24-Hour Drug & Alcohol Testing On-Site

Post-Accident

Reasonable Suspicion

1-800-967-3135 Toll-Free Emergency Line

Be prepared to provide the following information:

Your Name

Agency Name

Phone Number

Location of Incident

Reason for Call (Post-Accident or Reasonable Suspicion)

Medical Review Officer (MRO) Department

University Services

Terri Hellings, MD

2800 Black Lake Place, Suite A

Philadelphia, PA 19154

Phone: 800-624-3784 Fax: 215-637-6998

Enhance Awareness of Employee Assistance Program (EAP)

Note: This letter from The Lexington Group should be made available to safety-sensitive employees and also posted in the Break Room



Your Émployee Assistance Program A Woman Owned Enterprise Since 2000

December 2019,

Dear CT Drug Consortium Employee and Family Members:

CT Drug Consortium is delighted to announce The Lexington Group Employee Assistance Program now offers an optional online/video counseling service.

In addition to traditional face-to-face counseling, individuals may now elect the option of online counseling if you so choose. Access to online counseling is now available to you or your household family members by video, phone, and messaging. CT Drug Consortium hopes this new service provides you with more options for quality and convenient care to fit your lifestyle. However, there are three areas which The Lexington Group has determined will better benefit from in-person counseling. These exceptions to online counseling will be: substance abuse, issues in the workplace, and suicidal ideation.

Traditionally, if you or your household family elects to continue face-to-face counseling beyond the available EAP sessions, you are already connected with a counselor who takes your group health insurance. If online counseling is your preferred service method, please note that group health insurance does not cover cost of online counseling. Therefore, The Lexington Group has made arrangements to provide continued online service with your counselor at a deeply reduced rate of \$45.00 a session.

Please be aware that online counseling is completely optional to use. If at any point you wish to opt-out of the service, please contact The Lexington Group. They will provide you with a referral for face-to-face counseling and your covered EAP sessions will reset.

If you or your household family members would like access to this service or read more about your Employee Assistance Program, please visit The Lexington Group website at:

www.The-Lexington-Group.com Passcode: "CTDrugConsort"

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Enhance Awareness of EAP (Continued)

Note: This letter from The Lexington Group should be made available to safety-sensitive employees and also posted in the Break Room

You can request online counseling by calling the 24/7 helpline at:

1-800-676 HELP (4357) UNITED STATES

1-800-567-4343 CANADA

0-800-169-6706 ENGLAND

1-855-328-1185 CAYMAN ISLANDS

1-800-812-411 IRELAND

1-800-955-8339 TTY

We hope you will share our enthusiasm for The Lexington Group, Employee Assistance Program, and the opportunity it presents to help you and your family.

Sincerely,

The Lexington Group

On-Site Test Cancellation

Reminder:

- -Original scheduled (random on-site) test should be cancelled as soon as possible if your agency has previously had the safety-sensitive employee tested a day or days prior to the scheduled testing event.
- -Likewise, original scheduled (random on-site) test should be cancelled as soon as possible if the agency knows that the safety-sensitive employee will be unavailable (i.e., vacation).

This will avoid the \$140.00 cancelled test fee being incurred by the Consortium for each cancelled test.

Contact & Resource Info

DISA Global Solutions, Inc.

Formerly Occupational Drug Testing (ODT)
www.occupationaldrugtesting.com

Toll Free # 800-211-4469

The Lexington Group

www.The-Lexington-Group.com

Toll Free # 800-571-0197

Employee Assistance Program

1-800-676-HELP (4357)
Request clinical services online directly from the web site at:

www.The-Lexington-Group.com
To log on, your customer name is "CT Drug Consortium"
And your unique employee password is "CTDrugConsort"

Are you aware of the availability of program forms and resource documents on GHTD's website?

Go to www.hartfordtransit.org Drug and Alcohol Testing Consortium.

Also, checkout the following materials:

What Employers Need to Know About DOT Drug and Alcohol Testing
What Employees Need to Know About DOT Drug and Alcohol Testing
Resources for The Designated Employer Representative (DER)
Lexington Newsletters

FTA Regulation Update Issues

The following <u>FTA website</u> provides a wealth of information such as trainings, newsletters, etc. on the Drug and Alcohol Testing Program that you might find very helpful:

www.fta.dot.gov/12533.html

You may also find Title 49 Parts 40 and 655 (FTA regulations on the drug and alcohol testing program) by using the Search engine.