

# CT State-Wide Drug and Alcohol Testing Consortium Newsletter

## Federal Drug Testing Custody and Control Form (CCF)

June 2018

On Monday November 13, 2017, the Department of Transportation (DOT) published a final rule in the Federal Register. The final rule, among other items, added four semi-synthetic opioids (i.e., hydrocodone, oxycodone, hydromorphone, oxymorphone) to our drug testing panel. It also added methylenedioxyamphetamine (MDA) as an initial test analyte and removed the testing for methylenedioxyethylamphetamine (MDEA). As a result, the Office of Management and Budget (OMB) approved a revised CCF.

The revised CCF includes the following changes:

### **In Step 1D:**

Removal of the checkbox, the letters "DOT" and hash line in front of the text "Specify DOT Agency".

### **In Step 5A:**

Addition of four new analytes: oxycodone (OXYC), oxymorphone (OXYM), hydrocodone (HYC), and hydromorphone (HYM), Removal of the analyte methylenedioxyethylamphetamine (MDEA).

**The CT Statewide Drug and Alcohol Testing Consortium will begin to use the revised CCF on July 1, 2018.**

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## Random Testing

Random tests must be scheduled in a manner that ensures there is no predictable pattern. Specifically, the tests must be **spread** throughout the year, testing period, day of week, and time of day. The spread of tests throughout all times when safety-sensitive functions are performed prevents employees from coordinating their drug and alcohol use to the random testing schedule.

To be effective, employees should be aware that a random test can be conducted at any time.

## 13th Annual FTA Drug and Alcohol Program National Conference: Presentations and Course Descriptions

Information related to the 13th Annual FTA Drug and Alcohol Program National Conference including its presentations and course descriptions can be accessed at the following link:

<https://transit-safety.fta.dot.gov/DrugAndAlcohol/Training/NatConf/2018/Register.aspx>

**Check out the presentation for New Synthetic Opioids Added to Part 40: Impacts on Rx/OTC & Fitness-for-Duty Programs” including best practices.**

## Acknowledgement Receipt of Supplemental Document Number 1 To Anti-Drug & Alcohol Misuse Policy

### **Reminder:**

Consortium Designated Employer Representatives (DERs) must take necessary steps to incorporate the changes as referenced in Supplemental Document Number 1 (the “Document”), which was electronically sent to the DERs in December 2017, to Anti-Drug & Alcohol Misuse Policy into their drug and alcohol testing program.

A copy of the Document shall be filed in their Drug and Alcohol testing program records. In addition, the Document must be provided to their DOT/FTA regulated employees who are required to sign an acknowledgement receipt indicating that they have received a copy of the Document. This signed form will also be kept on file.

Any question regarding the Document and the Acknowledgement Receipt, please contact the Consortium Coordinator, Nhan Vo-Le, at [nhvole@ghtd.org](mailto:nhvole@ghtd.org).

## Hosting Consortium Training

Contact Nhan Vo-Le, Consortium Coordinator, at [nhvole@ghtd.org](mailto:nhvole@ghtd.org) if you are interested in hosting the following training at your facility:

Designated Employer Representative, Post-Accident, Reasonable Suspicion

The training will be conducted by Occupational Drug Testing Company (ODT).



# Enhance Awareness of Employee Assistance Program (EAP)

**Reminder: A copy of The Lexington Group re-announcement letter should be made available to safety-sensitive employees and also posted it in the Break Room.**



***The Lexington Group, Inc.***

*Providing Employee Assistance and Organizational Development Services Nationwide  
A CT DAS Certified Small Business and Woman Owned Enterprise*

December 2017

Dear CT Drug Consortium Employees and Family Members:

The Lexington Group Employee Assistance Program (EAP) provides CONFIDENTIAL services to assist employees in identifying and resolving personal problems. Examples include marriage and family issues, job stress, alcohol and drug abuse, depression and other emotional problems. This confidential service also includes referral resources for legal, financial, eldercare, and childcare services. While the CT StateWide Drug & Alcohol Testing Consortium (Consortium) has no desire to interfere in your private lives, this service is offered to help you resolve any of your personal problems.

Because employee lives may be affected by problems with a spouse or other family members, this program is extended to household family members. You or your family members may contact the EAP directly at any time. No matter what your situation, any assistance you seek through the EAP is held in the strictest confidence. Involvement will not jeopardize your job security, future promotional opportunities or reputation.

The Consortium uses The Lexington Group, an Employee Assistance Program, to provide confidential EAP services to all of its employees and their families. You may call The Lexington Group 24/7 for immediate and confidential access at:

**1-800-676-HELP (4357)**

You may also request clinical services online directly from the web site at:

**[www.The-Lexington-Group.com](http://www.The-Lexington-Group.com)**

To log on, your customer name is “**CT Drug Consortium**”  
And your unique employee password is “**CTDrugConsort**”

We know you will share our enthusiasm for the Employee Assistance Program, and for the opportunity it presents to help you and your family.

Sincerely,

*The Lexington Group, Inc.*

## Contact & Resource Info

Occupational Drug Testing, LLC

[www.occupationaldrugtesting.com](http://www.occupationaldrugtesting.com)

Toll Free # 800-211-4469

The Lexington Group

[www.The-Lexington-Group.com](http://www.The-Lexington-Group.com)

Toll Free # 800-571-0197

Employee Assistance Program

**1-800-676-HELP (4357)**

**Request clinical services online directly from the web site at:**

**[www.The-Lexington-Group.com](http://www.The-Lexington-Group.com)**

**To log on, your customer name is “CT Drug Consortium”**

**And your unique employee password is “CTDrugConsort”**

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**Are you aware of the availability of program forms and resource documents on**

**GHTD’s website?**

Go to [www.hartfordtransit.org](http://www.hartfordtransit.org) Drug and Alcohol Testing Consortium.

**Also, checkout the following materials:**

What Employers Need to Know About DOT Drug and Alcohol Testing

What Employees Need to Know About DOT Drug and Alcohol Testing

Resources For The Designated Employer Representative (DER)

Lexington Newsletters

FTA Regulation Update Issues

**The following FTA website provides a wealth of information such as trainings, newsletters, etc. on the Drug and Alcohol Testing Program that you might find very helpful: [www.fta.dot.gov/12533.html](http://www.fta.dot.gov/12533.html)**

You may also find Title 49 Parts 40 and 655 (FTA regulations on drug and alcohol) by using the Search engine.