

CT StateWide Drug and Alcohol Testing Consortium Newsletter

December 2017

Notice of Rule Change Effective January 1, 2018 and Amendment to Anti-Drug & Alcohol Misuse Policy Dated July 1, 2013

On November 13, 2017, the U.S. Department of Transportation (DOT) published a final rule in the Federal Register that amends its drug testing program regulations effective **January 1, 2018**. Specifically, the final rule added four semi-synthetic opioids (i.e., hydrocodone, oxycodone, hydromorphone, oxymorphone) to the DOT drug testing panel. It also added methylenedioxyamphetamine (MDA) as an initial test analyte and removed the testing for methylenedioxyethylamphetamine (MDEA).

As a result of this rule change, we have amended current versions of the Connecticut Statewide Drug and Alcohol Testing Consortium's Anti-Drug and Alcohol Misuse Policy by

issuing a Supplemental Document Number 1 (the "Document") to incorporate the following changes:

- Opiates is replaced with Opioids on *Page 5* of the current versions of the Connecticut Statewide Drug and Alcohol Testing Consortium's *Anti-Drug and Alcohol Misuse Policy – Controlled Substance Testing* pursuant to DOT's decision to expand the drug test panel.
- Opiates is removed and replaced with Opioids in *Appendix B: New Employee Training Guide - Testing Procedures FTA Program - FTA Prohibited Drugs (DOT 5-Panel Screen)*.

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Information related to Part 40 Final Rule and Summary of Changes can be found at:

<https://www.transportation.gov/odapc/frpubs>

https://www.transportation.gov/odapc/Part_40_Final_Rule_Summary_of_Changes

Notice of Rule Change Effective January 1, 2018 and Amendment to Anti-Drug & Alcohol Misuse Policy Dated July 1, 2013 (Continued)

Consortium Designated Employer Representatives (DERs) are recommended to take necessary steps to incorporate the changes as referenced in the Document to Anti-Drug & Alcohol Misuse Policy into your drug and alcohol testing program.

It is strongly recommended that a copy of the Document be filed in your Drug and Alcohol records. The Document will also be provided to your DOT/FTA regulated employees who will be required to sign a form indicating that they

have received a copy of the Document. This signed form will also be kept on file. In addition, DERs will be using the amended *New Employee Training Packet (Appendix B) – Testing Procedures FTA Program*.

“Revised” and “Current or Old” Federal Drug Testing Custody & Control Form (CCF)



***Is there a revised CCF?
How do I know the difference between the revised and “old” CCF?
When can I use the revised CCF?***

Due to the additional drugs being added, the current (or “old”) CCF has been revised.

According to DOT, the old CCF can still be used until June 30, 2018. Information related to the revised and old CCF can be found at:

https://www.transportation.gov/odapc/Notice_CCF_December_2017

The revised CCF can be viewed within the same link.

Occupational Drug Testing, LLC (ODT) will monitor the existing supplies of the old CCFs and coordinate delivery of the revised CCFs with the testing laboratory.

DERs and Alternate DERs will be notified of the use of the revised CCFs when the time comes.

Enhance Awareness of Employee Assistance Program (EAP)

Reminder: A copy of The Lexington Group re-announcement letter should be made available to safety-sensitive employees and also posted it in the Break Room.



The Lexington Group, Inc.

*Providing Employee Assistance and Organizational Development Services Nationwide
A CT DAS Certified Small Business and Woman Owned Enterprise*

December 2017

Dear CT Drug Consortium Employees and Family Members:

The Lexington Group Employee Assistance Program (EAP) provides CONFIDENTIAL services to assist employees in identifying and resolving personal problems. Examples include marriage and family issues, job stress, alcohol and drug abuse, depression and other emotional problems. This confidential service also includes referral resources for legal, financial, eldercare, and childcare services. While the CT StateWide Drug & Alcohol Testing Consortium (Consortium) has no desire to interfere in your private lives, this service is offered to help you resolve any of your personal problems.

Because employee lives may be affected by problems with a spouse or other family members, this program is extended to household family members. You or your family members may contact the EAP directly at any time. No matter what your situation, any assistance you seek through the EAP is held in the strictest confidence. Involvement will not jeopardize your job security, future promotional opportunities or reputation.

The Consortium uses The Lexington Group, an Employee Assistance Program, to provide confidential EAP services to all of its employees and their families. You may call The Lexington Group 24/7 for immediate and confidential access at:

1-800-676-HELP (4357)

You may also request clinical services online directly from the web site at:

www.The-Lexington-Group.com

To log on, your customer name is “**CT Drug Consortium**”
And your unique employee password is “**CTDrugConsort**”

We know you will share our enthusiasm for the Employee Assistance Program, and for the opportunity it presents to help you and your family.

Sincerely,

The Lexington Group, Inc.

FTA 13TH ANNUAL DRUG & ALCOHOL PROGRAM NATIONAL CONFERENCE

**MAY 8 - 10,
2018**

**FORT
LAUDERDAL
E,
FL**

According to FTA, the conference is scheduled for May 8 – 10, 2018 in Fort Lauderdale, FL.

More information will be provided to DERs including registration and hotel discount when the information is made available by FTA.

SITE VISITS

During the next several months, Consortium Coordinator, Nhan Vo-Le, will visit DER at each member location. The purpose of the site visit is to review their anti-drug and alcohol misuse testing program and assist them with their program as needed.

2017 MIS REPORTING



Federal regulations require recipients of specific FTA funds establish and implement an anti-drug and alcohol misuse testing program. Recipients are required to annually prepare and maintain a summary of these results during the previous calendar year. This report shall be submitted to FTA's Office of Transit Safety and Oversight or its designated agent.

Each recipient shall be responsible for ensuring the accuracy and timeliness of each report prepared by ODT and submitted by the Consortium acting on the recipient's behalf. The due date for returning your completed 2017 MIS report to ODT will be in early February 2018. More information on the MIS reporting will be coming out soon.

Contact & Resource Info

Occupational Drug Testing, LLC
www.occupationaldrugtesting.com
Toll Free # 800-211-4469

The Lexington Group
www.The-Lexington-Group.com
Toll Free # 800-571-0197

Employee Assistance Program

1-800-676-HELP (4357)

Request clinical services online directly from the web site at:

www.The-Lexington-Group.com

**To log on, your customer name is “CT Drug Consortium”
And your unique employee password is “CTDrugConsort”**

**Are you aware of the availability of program forms and resource documents on
GHTD’s website?**

Go to www.hartfordtransit.org Drug and Alcohol Testing Consortium.

Also, checkout the following materials:

What Employers Need to Know About DOT Drug and Alcohol Testing – Rev. June 2015

What Employees Need to Know About DOT Drug and Alcohol Testing – Rev. April 2014

Resources For The Designated Employer Representative (DER)

Lexington Newsletters

FTA Regulation Update Issues

**The following FTA website provides a wealth of information such as trainings,
newsletters, etc. on the Drug and Alcohol Testing Program that you might find very
helpful: www.fta.dot.gov/12533.html**

You may also find Title 49 Parts 40 and 655 (FTA regulations on drug and alcohol) by
using the Search engine.